



DuPage Medical Group

GASTROENTEROLOGY

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┌ Attach label

DATE _____ TIME _____ AM PM

ARRIVAL TIME _____ AM PM

place

- Surgical Center of DuPage Medical Group
- Central DuPage Hospital
- Edward Hospital
- Delnor Hospital
- Center for Surgery
- Good Samaritan

physicians

- Rafi Ali, M.D.
- Mark Daniels, M.D.
- Marc Fallah, M.D.
- Mark Fesenmyer, M.D.
- Daniel Ganger, M.D.
- Donald Hoscheit, M.D.
- Adam Klugman, M.D.
- Harold Mozwecz, M.D.
- Rafael Piedra, M.D.

insurance information

DIAGNOSIS

DIAGNOSIS CODES

PROCEDURE

PROCEDURE CODE



Preparation

flexible sigmoidoscopy

*Keep this brochure! It contains your instructions.
Questions regarding preparation please call 630 717 2600.*

we care for you

You will be having a test called a Flexible Sigmoidoscopy or Flex-Sig for short. During the test, the physician will be examining your colon with an endoscope. This instrument is a short, flexible tube which lets the physician clearly see the inside of your rectum and lower colon. If necessary, a tissue sample (biopsy) will be taken but you will not feel this. To prepare yourself, please follow these instructions.

how should I get ready?

- 1 Starting the evening before the test, you may only have clear liquids for dinner and the morning of the exam.

Clear liquids include:

Water

Carbonated or non-carbonated soft drinks

Coffee or tea (without milk or creamer)

Clear broth or bullion

Gatorade™, Kool-Aid™, clear fruit flavored drinks or clear fruit juices without pulp or nectar (no red or purple)

Popsicles or ices (no red or purple)

Jell-O™ without fruit or topping (no red or purple)

- 2 To prepare yourself for this examination, you will need to use 2 Fleets enemas which can be purchased at a local pharmacy. Use the enemas 2-3 hours before the exam, about 20 minutes apart. Follow the package directions.

during the exam

- 1 You will be asked to lie on your left side. The physician will gently insert the lubricated flexible sigmoidoscope to examine your rectum and lower colon. As the instrument is passed, the physician will introduce air to aid in visualization. You may feel bloated, this feeling is normal. The actual test takes about 10 minutes.
- 2 Since you will be awake and no sedation will have been used during the procedure, you should be able to leave the office and return to normal activities shortly after the exam.
- 3 The physician will discuss the results of the test with you before you leave.

what else should I know?

- 1 3 days prior to the test, you will need to stop taking any aspirin, ecotrin, anti-inflammatories (Ibuprofen, Celebrex™ and Vioxx™), herbal preparations, vitamins or vitamin E.
- 2 Continue to take any other prescribed medications unless your physician indicates otherwise. You may take these medications with small sips of water the morning of the test. If you are on Coumadin or iron pills, we will let you know whether you need to be off these medications for several days before the test.
- 3 If you are diabetic, do not take your usual dose of insulin or oral diabetic medications the day of the test.
- 4 If biopsies are taken, you will typically be notified with the results within 7 days.

scheduling & cancellation policy

- 1 Notify our office as soon as possible when canceling. We request a minimum 24 hour notice. Do not call the facility where you are scheduled.
- 2 If you were unable to schedule your procedure at the time of your office visit, please allow **2 business days** before contacting our schedulers.
- 3 If you are rescheduling a procedure, please allow **2 business days** for a return phone call from our schedulers.

to schedule or cancel a procedure

- 1 Do not call the facility where you are scheduled, we will contact them.

For the following physicians:

- 1 Drs. Ali, Fallah, Fesenmyer or Klugman please call 630 469 9200 extension 2208.
- 2 Drs. Daniels, Ganger, Hoscheit, Mozwecz or Piedra please call 630 582 1529.