



# DuPage Medical Group

GASTROENTEROLOGY

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GASTROENTEROLOGY

┌ *Attach label*

DATE \_\_\_\_\_ TIME \_\_\_\_\_  AM  PM

ARRIVAL TIME \_\_\_\_\_  AM  PM

### place

- Surgical Center of DuPage Medical Group
- Central DuPage Hospital
- Edward Hospital
- Delnor Hospital
- Center for Surgery
- Good Samaritan

### physicians

- Rafi Ali, M.D.
- Mark Daniels, M.D.
- Marc Fallah, M.D.
- Mark Fesenmyer, M.D.
- Daniel Ganger, M.D.
- Donald Hoscheit, M.D.
- Adam Klugman, M.D.
- Harold Mozwecz, M.D.
- Rafael Piedra, M.D.

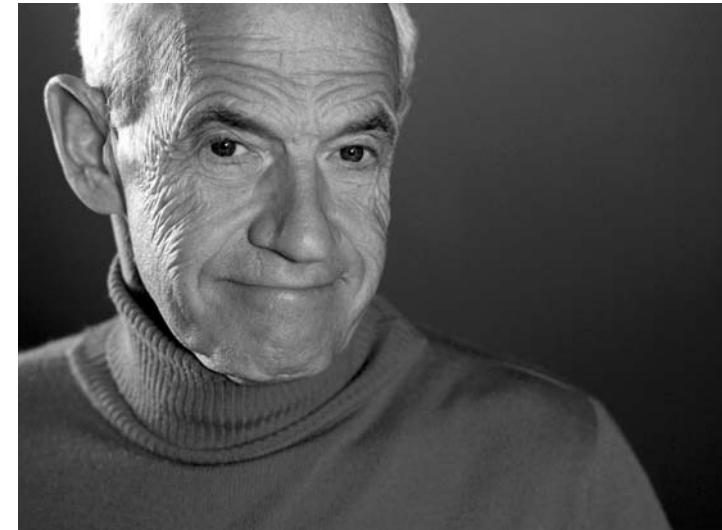
### insurance information

\_\_\_\_\_  
DIAGNOSIS

\_\_\_\_\_  
DIAGNOSIS CODES

\_\_\_\_\_  
PROCEDURE

\_\_\_\_\_  
PROCEDURE CODE



*Preparation*

# gastroscopy

*Keep this brochure! It contains your instructions.  
Questions regarding preparation please call 630 717 2600.*

# we care for you

You will be having a gastroscopy (also referred as an Upper GI Endoscopy or EGD). This is a procedure that enables your physician to examine the lining of your esophagus, stomach and duodenum with a flexible lighted instrument called endoscope. To prepare yourself, please follow these instructions.

## how should I get ready?

- 1 To ensure an adequate view, the stomach must be completely empty. No foods, antacids or liquids should be taken after midnight the day prior to the procedure.
- 2 You may have water only up to 6 hours before the scheduled time of your procedure.
- 3 Medications other than antacids may be taken the morning of the procedure with a sip of water at least 1 hour before arriving for the procedure. If you are diabetic, do not take your usual dose of diabetes medicine the morning of the procedure.
- 4 Please let us know if you take Coumadin or other blood thinners, we will let you know if you need to be off these medications before the test.

## on the day of the procedure

- 1 Wear comfortable clothing and remove any eyeglasses, contact lenses, dentures or partials prior to the procedure. Wear no jewelry. Wedding rings may be left on.
- 2 You may brush your teeth. Please bring a list of your current medications with you to the exam.
- 3 Please come to the hospital or surgical center 1 hour before your scheduled appointment time so you can register and be prepared for the procedure.
- 4 Your throat will be sprayed with a local anesthetic and you will be asked to lay on your left side. You will be given intravenous medications for sedation and to help you relax. The gastroscope will be inserted through your mouth and into your stomach, it will not interfere with your breathing.

## what else should I know?

- 1 3 days prior to the procedure, you will need to stop taking any aspirin, ecotrin, anti-inflammatories (Ibuprofen, Celebrex™ and Vioxx™), herbal preparations and vitamins.
- 2 Arrange to bring a family member or friend with you to the procedure. A reliable person must accompany you to the procedure and take you home afterwards. We ask that this person remain with you until after you are discharged. If you do not have someone to drive or escort you home after the procedure, you will have to reschedule.

- 3 Because of the sedation, you will not be able to drive, work, operate machinery (including kitchen equipment) or drink alcohol for 12 hours after the procedure.
- 4 Check with your insurance provider to be sure this procedure is a paid benefit under your insurance plan.

## after the procedure

- 1 Following the examination, you will not be allowed to eat or drink until the anesthetic spray for your throat has worn off. You will be sleepy during the procedure and afterwards, this is a normal reaction to the sedation.
- 2 Your physician will discuss the results of the gastroscopy with you and your family. Prior to being sent home, you will be given an instruction sheet to describe precautions following the procedure and special instructions.
- 3 If biopsies are taken, you will typically be notified with the results within 7 days.

## scheduling & cancellation policy

- 1 Notify our office as soon as possible when canceling. We request a minimum 24 hour notice.
- 2 If you were unable to schedule your procedure at the time of your office visit, please allow **2 business days** before contacting our schedulers.
- 3 If you are rescheduling a procedure, please allow **2 business days** for a return phone call from our schedulers.
- 4 To schedule or cancel a procedure, do not call the facility where you are scheduled, we will contact them.

*For the following physicians:*

- 1 Drs. Ali, Fallah, Fesenmyer or Klugman please call 630 469 9200 extension 2208.
- 2 Drs. Daniels, Ganger, Hoscheit, Mozwecz or Piedra please call 630 582 1529.