

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Date: \_\_\_\_\_

# DuPage Medical Group

WE CARE FOR YOU

*Pulmonary Medicine • Critical Care • Sleep Medicine*

## Patient Questionnaire

Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Neck Size: \_\_\_\_\_

What is the name of the doctor who referred you here today? \_\_\_\_\_

1. Briefly describe your complaint: \_\_\_\_\_

2. How long have you had this problem? \_\_\_\_\_

3. List all MEDICAL and PSYCHIATRIC problems for which you have been or are currently being treated: \_\_\_\_\_

4. List all past SURGICAL procedures \_\_\_\_\_

5. List all prescriptions and over the counter medications you are taking:

<u>Medication</u>	<u>Strength/Dose</u>	<u>Medication</u>	<u>Strength/Dose</u>

6. Are you allergic to any medications? Please list \_\_\_\_\_

### Social History

7. How many caffeinated beverages do you drink per day? \_\_\_\_\_ Per week? \_\_\_\_\_

8. How many alcoholic beverages do you drink per day? \_\_\_\_\_ Per week? \_\_\_\_\_

9. Have you ever smoked?  Yes  No

If so, how much tobacco did you use? \_\_\_\_\_ For how many years? \_\_\_\_\_ How long ago did you quit? \_\_\_\_\_

10. Have you ever used illegal drugs?  Yes  No If so, what type \_\_\_\_\_

11. Have you had a significant weight loss recently?  Yes  No Significant weight gain recently?  Yes  No  
Number of lbs? \_\_\_\_\_

12. How far can you walk without becoming short of breath? \_\_\_\_\_

13. What is Your Current Occupation? \_\_\_\_\_

14. Are You Exposed to Fumes/Dust? \_\_\_\_\_

16. Any Recent Travel \_\_\_\_\_

17. Any Pets \_\_\_\_\_

18.  Married  Divorced  Single  Widow How many children? \_\_\_\_\_ Ages \_\_\_\_\_

### Family Medical History

19. Please provide information about the **medical problems** of your relatives:

Father \_\_\_\_\_ Mother \_\_\_\_\_ Sibling(s) \_\_\_\_\_



**REVIEW OF SYSTEMS**

Y	N		Y	N	
		Fever or chills			Bone, muscle or joint problems
		Weight loss			Depression, anxiety or mental illness
		Sweats			Skin conditions, growths or cancers
		Fatigue			Allergy or immune problems
		Visual problems			Kidney, bladder or urination problems
		Asthma, breathing or lung problems			Sexual, gynecologic, or testicular problems
		Chest pain			Seizure
		Heart problems (heart attack, pacemaker...)			Thyroid, endocrine or hormone disorders
		Stroke or headache problems			Tuberculosis or infectious disease
		Blood pressure or circulation problems			HIV or AIDS
		Blood or lymph nodes diseases			Hepatitis A, B or C
		Excessive or abnormal bleeding			Excessive scarring
		Stomach or digestive problems (ulcer, heartburn ...)			Recent dental work
		Sleep or snoring problems			Do you have any other conditions or problems

Review of systems otherwise negative

Please explain if you answered yes to any of the above: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**SLEEP HISTORY**

What is your usual bedtime? \_\_\_\_\_ AM/PM

What is your usual wake time? \_\_\_\_\_ AM/PM

How long does it usually take you to fall asleep? \_\_\_\_\_ hours \_\_\_\_\_ minutes

How many times do you wake up during the night? \_\_\_\_\_

Do you usually feel refreshed when you wake up in the morning?  Yes  No

Do you take PLANNED naps?  NEVER  DAILY  WEEKLY  OCCASIONALLY

Do you DOZE OFF UNINTENTIONALLY?  NEVER  DAILY  WEEKLY  OCCASIONALLY

Just prior to falling asleep or upon awakening, do you experience cramping, aching leg feeling or inability to keep your legs still?  Yes  No

Do you experience leg jerks while you are asleep?  Yes  No

Do you snore?  Yes  No

**EPWORTH SCALE**

How likely are you to doze off or fall asleep in the following situations, in contrast to just feeling tired? This refers to your usual way of life in recent times. Even if you have not done some of these things during the past week, estimate how likely you would be to doze off or fall asleep in these situations. Use the following scale:

0 = would **NEVER** doze

2 = **MODERATE** chance of dozing

1 = **SLIGHT** chance of dozing

3 = **HIGH** chance of dozing

**Situation**

**Chance of Dozing**

- a) Sitting and reading \_\_\_\_\_
  - b) Watching TV \_\_\_\_\_
  - c) Sitting, inactive in a public place (e.g., a theater or a meeting) \_\_\_\_\_
  - d) As a passenger in a car for an hour without a break \_\_\_\_\_
  - e) Lying down to rest in the afternoon when circumstances permit \_\_\_\_\_
  - f) Sitting and talking to someone \_\_\_\_\_
  - g) Sitting quietly after a lunch without alcohol \_\_\_\_\_
  - h) In a car, while stopped for a few minutes in traffic \_\_\_\_\_
- Total \_\_\_\_\_

Completed by: (Patient Signature) \_\_\_\_\_

Physician Signature: \_\_\_\_\_